

HOST Notes and Homework Guide

The Catholic Guy Impact Centres

This guide is designed to give helpful hints in preparing & leading your group in discussion

DISCIPLESHIP

ANNOUNCEMENTS:

COMMUNITY INTENTIONS: Please pray for the intentions of all our Communities

WARM UP QUESTION:

For new groups: spend time on the warm up question in order to help people get to know each other and to get used to sharing in a small group.

“We become like who we are taught by.”

Describe a significant person or teacher in your life.

SCRIPTURE STUDY: 1 Corinth 4:16-17

*I appeal to you, then, **be imitators of me.** For this reason I sent you Timothy, who is my beloved and faithful child in the Lord, to remind you of **my** ways in Christ Jesus, as I teach them everywhere in every church.*

Study the verse for thirty minutes and write down everything you can.

- What do I see?
- What does it mean? (spiritual question)
- What do I do need to do about it? (application)

Share some of your reflections with your group.

REFLECTION QUESTIONS:

1. Jesus said, ‘Come follow me and do what I do.’ As Christians we are called to teach people about Jesus from how we live our lives. Our lives are meant to preach louder than our words. What challenges do you face in doing this?
Encourage people to share aspects of their lives that make it difficult to be an example to people. What attitudes do we have that stop us being transparent and what makes us feel worthy or unworthy to allow our lives to ‘preach’ about Jesus?
2. There are many reasons why we may not feel worthy of people following our lives. Are you defeated in any part of your life and how can you overcome that?
Give people to time to share areas of defeat if they feel comfortable and be supportive of those who do. Allow the person to reflect on how they might overcome rather than allow the group to counsel and give advice – this is not the role of the group.
3. Bruce said, ‘*You don’t become who you hope to become you only become what you do.*’ Being a disciple is about ‘*meeting, memory, mind, mouth, manner, mystery, moments and maturity.*’ What areas are you currently working at? How can your Impact Group help you?
This may be a time to pray for group members as this is a tangible way the Impact Group can help each other.



4. Looking back at your notes from this week's Message, was there anything that particularly caught your attention, challenged or confused you?
When asked a question as the leader, reply by posing this question, 'Interesting question.. what do others think?' rather than supplying all of the answers to questions that come up.