

## Homework Guide The Catholic Guy Impact Centres

## **HOPE WILL RISE**

## **WARM UP QUESTION:**

Take turns answering: What are the top 3 things that drain you?

SCRIPTURE STUDY: Psalm 39:7, Psalm 62, Psalm 25, Jeremiah 29:11

Study the verse for thirty minutes and write down everything you can.

- What do I see?
- What does it mean? (spiritual question)
- What do I do need to do about it? (application)

Share some of your reflections with your group.

## **REFLECTION QUESTIONS:**

- 1. How do you define the word hope?
- 2. Have you ever been in a situation that seemed hopeless? Rosemary used the term a 'bad day that may have defined you.'
- 3. What has been various sources of hope and encouragement during the hard times in your life.
- 4. Talk about a time when God showed up and did something amazing in your life?
- 5. What if anything is difficult for you about placing hope in Jesus?
- 6. Looking back at your notes from this week's Message, was there anything that particularly caught your attention, challenged or confused you?