

GROUP PRAYER TIPS

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TOPICAL PRAYER TIPS

Group prayer goes better when we follow three simple guidelines.

WE PRAY FOR ONE TOPIC AT A TIME

- Anyone in the group is free to introduce a prayer request either before prayer begins or during the prayer time. Once a topic is introduced, the group focuses on that request alone. Once it's covered, the group moves on to the next topic.

EACH PERSON PRAYS MORE THAN ONCE

- Because the group is focusing on one topic at a time, each person is encouraged to pray several times during the prayer time for those topics they feel most led to pray about.

WE KEEP OUR PRAYERS SHORT AND SIMPLE

- Group prayer goes better when members keep their prayers short and to the point. When someone prays for a long time, it's hard for the other members to stay focused and long prayers tend to intimidate those who are just learning to pray out loud in a group.

PRAISE PRAYER TIPS

The easiest type of prayer is asking God for 'things.' We all have needs and wants and so asking for 'things' is what many people have come to associate prayer with. This is Topical Prayer as mentioned above. It is a critical and important starting place for most people, most of the time.

If our human relationships were only filled with asks of the other person they would soon become void of their full meaning.

In The Catholic Guy Impact Communities, one of our catch phrases is '*Praise before Please.*'

This is a more mature way to pray.

When we praise, worship, acknowledge God's greatness, sovereign nature, caring heart we put our life with all of its experiences into a greater perspective in light of who God is.

Praise before Please encourages us to move to a more mature way of praying, where our eyes are not upon us but upon God.

Words of thanks and honour have this effect upon us.

This can be very difficult for people to do when asking is the easiest and way of prayer that people are most use to.

As the Host and Apprentice Host, you can give an example of *Praise before Please* by the way you pray.

In time, people will include your prayer style.

You can start your time of prayer together by leading with *Praise before Please* and then let the group pray using the Topical Approach.

The following are phrases that you can add to of praise and worship;

- Holy God the Heavens Declare Yours Wonders and Glory
- King of Kings and Lord of Lords
- Worthy God
- Sovereign King
- My Lord and My God
- My Lord and My King
- My Lord and My Saviour
- My Lord and Master
- My Protector
- My Guide
- My Everything
- I honour You and adore you
- I honour You and bless you
- I glorify You and worship you
- I adore You
- I honour You
- The Lover of My Life
- The Lover of My Soul
- The Alpha and the Omega
- The beginning and the end
- The first and the very last
- The Centre of My Life
- Wonder-Counsellor
- Prince of Peace
- Name above all names
- Thank You
- You alone are God
- You who makes sense of everything
- There is no other God but You
- Nothing compares to You
- You alone are omniscient
- You are alone are all powerful
- You alone are Omnipresent
- In You alone do I trust
- Worthy are you Lord God
- You are Holy
- You are Precious
- The one and only one
- There is no other like You
- My Constant Companion
- The defender of my soul
- You who spared nothing for me
- God of Wonders
- Holy Beyond All
- Mighty King
- Mighty Lord
- Glory and Honour to You
- Lord You are pure