



**CATHOLIC GUY**  
IMPACT CARE

**CORE VALUE**

Values Are What We Hold To Be True

*We Value the poor, the weak, the hidden and the hurting.*

**THE SACREDNESS OF PEOPLE**

The sacredness of the human person cannot be obliterated, no matter how often it is devalued and violated because it has its unshakable foundation in God as Creator and Father. - Pope John Paul II

1. Every human being is **deserving** of dignity and respect because people are God's sons and daughters. This is not conditional upon their position, race, age, intellectual ability, health or the contribution people make in the world.
2. Every person is **required** to give and show dignity and respect to others. Full stop. No qualifications permitted.

Then he looked up at his disciples and said:

"Blessed are you who are poor, for yours is the kingdom of God.

"Blessed are you who are hungry now, for you will be filled.

"Blessed are you who weep now, for you will laugh. - Matthew 5:1-12

3. The poor, the weak, the hidden and hurting are **blessed** by God.
4. Therefore people should bless the poor, the weak, the hidden and the hurting for it is **to be** like God.

Whoever is kind to the poor lends to the Lord,  
and will be repaid in full. - Proverbs 19:17

**WAYS TO VALUE THE POOR, THE HURT, THE HIDDEN AND THE HURTING**

1. Serve people through **inclusion.**
2. Serve people **practically.**
3. Serve people with our **resources.**
4. Serve people with our **time.**

We encourage each Impact Group to engage in on Community Service Project per season (12 weeks) where everyone can contribute in some way. Where appropriate children can be included. We are always looking for new ways to serve as Impact Groups. Here are some ideas that you can add to.

- Soup Kitchen
- Hospital Visitation
- Elderly Visitation – nursing home
- Volunteer Disabilities Service Organisation
- Visit Shut ins – Handy work in home
- Volunteer to serve meals for the homeless.
- Sing Christmas Carols to the elderly in nursing homes
- Volunteer at the hospital shop/ children's play area/ Ronald McDonald Centre/ cancer unit etc
- Shopping for those unable

## **Donations**

### **Summer**

Hats, sunscreens, combs, bottles of water, bottles that keep things colder in towels, combs, toothpaste, toothbrush, deodorant, razors, backpacks, nail clippers, shampoo, conditioner, moisturising cream, lip balms, ladies sanitary products, sunglasses, t-shirts, clothes, new underwear. Sheets, pillows, pillowcases, , sleeping bags, toiletry packs, shorts, skirts, belts, thongs.

### **Winter**

Blankets, quilts, beanies, gloves, scarves, coats, parkas, jumpers, hoodies, belts, singlet's, boots, sneakers, socks, tin food, can opener, vaseline, moisturising creams, flasks for warm drinks, books, magazines, torches, used reading glasses, clothes, new underwear, pillows, pillowcases, deodorant, backpacks, sleeping bags, toiletry packs. jeans,